

THE FOX & RAVEN

CHELMSFORD

Welcome to The Fox & Raven, where we're proud to serve a menu full of seasonally inspired dishes and country pub classics. Our team are on hand to provide recommendations and to pour you a drink, so please just ask!

WHILST YOU DECIDE

Mixed Olives (VE) marinated with garlic & red pepper 239kcal / 3.50

Mini Chorizo Sausages* in a balsamic glaze, with garlic dip 710kcal / 5.25

Stone-Baked Garlic Flatbread (V) with beetroot hummus 878kcal / 5.50

STARTERS

Devon Crab Cake*

served with chilli lemon mayo and a lovage pesto dressing 268kcal / 8.75

Chicken Liver, Apple & Cider Brandy Paté*

Smooth pâté served with hedgerow chutney and toasted ciabatta 317kcal / 8.75

Tandoori Chicken Skewer*

served with pickled vegetables and a yogurt & cucumber sauce 237kcal / 8.95

Baked Scallops & King Prawns

in a Cheddar, mozzarella & garlic sauce, on a bed of spring onion mash, served with toasted ciabatta 382kcal / 12.25

Today's Soup (V)

with artisan bloomer bread 417kcal / 6.95
Vegan option available

Creamy Garlic Oven-Baked Mushrooms (V)

in a cheesy Cheddar sauce, with toasted artisan bloomer 375kcal / 7.50

Butternut Squash Arancini (VE)

served on a bed of giant cous cous, with a beetroot & balsamic puree 265kcal / 8.25

Salt & Pepper Calamari

served with saffron aioli 293kcal / 7.95

SHARERS

Sticky Platter*

Chilli jam-glazed lamb koftas with hummus & tzatziki, pulled pork & Bramley apple bon bons, glazed chorizo, sticky crispy chicken and warm tortillas 1962kcal / 19.95

Honey & Truffle Baked Camembert (V)

Melting Camembert drizzled with honey & truffle-infused oil, served with apricot & ginger chutney and artisan bloomer bread to dip 1350kcal / 15.95

STEAKS

Expertly aged for superb flavour and tenderness, served with triple-cooked chips, roasted vine cherry tomatoes* and your choice of steak sauce - Béarnaise* 123kcal, Peppercorn* 82kcal, Beef Dripping 123kcal or Craft Ale, Bacon & Mushroom* 67kcal

7oz Fillet* 623kcal / 30.50

10oz Rib-Eye* 980kcal / 27.50

For an extra tasty treat, top your steak with a skewer, for just £8.95

Irresistible extras:

Beer-Battered Onion Rings* (V)
646kcal / 4.25

Garlic King Prawns
320kcal / 3.50

Garlic & Cheese Baked Mushrooms (V)
124kcal / 4.25

Rocket, Asparagus & Pink Onion Salad* (VE)
69kcal / 4.25

Green Beans, Peas & Broccoli (VE)
201kcal / 4.25

SIGNATURE SKEWERS

Step 1 CHOOSE A SKEWER:

Moroccan-Spiced Chicken Breast
marinated in aromatic spices 420kcal / 18.75

Garlic King Prawns
a selection of succulent garlic king prawns 299kcal / 18.95

Grilled Halloumi & Peppers (V)
marinated in paprika, with peppers & onion 734kcal / 18.25

Tender Lamb Rump
flavoured with wild garlic 690kcal / 18.50

GO BIG add a second skewer for £8.95

Step 2 CHOOSE A SIDE:

Feta Salad & Toasted Tortilla (V)
Vibrant salad of roasted veg, greens, grains, feta & pomegranate, with yoghurt dip and beetroot tortilla 191kcal

Hummus & Flatbread* (V)
with tzatziki, pomegranate, roasted veg & grains in a red pepper & garlic dressing 784kcal

Slaw & Triple-Cooked Chips (V)
with sweet chilli mayo and a pineapple & mango salsa in a lemongrass dressing 585kcal

BURGERS

All burgers are served with little gem lettuce, onion and tomato in a toasted bun, with skin-on-fries, a gherkin and burger sauce dip on the side

Signature Burger*

Prime steak burger, loaded with Cornish smoked BBQ beef brisket, smoked streaky bacon, Monterey Jack cheese, cheese sauce and mayo, served with beer-battered onion rings 1723kcal / 18.50

Crispy Buttermilk Chicken Burger

Tender fried chicken with chipotle chilli jam and mayo 1057kcal / 16.95

Butternut Squash & Chickpea Burger (VE)

Breaded burger patty topped with a melted mature Violife slice 1086kcal / 15.95

Add extra toppings to any burger:

Smoked Streaky Bacon
276kcal / 2.50

Monterey Jack Cheese (V)
65kcal / 1.50

Fresh Red Chillies (VE)
1kcal / 1.50

Grilled Halloumi (V)
415kcal / 3.00

Roasted Mushrooms (VE)
12kcal / 1.50

CLASSIC MAINS

Chicken & Vegetable Penang Curry

Grilled chicken breast, pak choi, squash, red onions, and peppers in a creamy coconut curry sauce, served with jasmine rice *781kcal / 20.50* **Vegan option available**

Grilled Bacon Chop

served with free-range fried egg, grilled fresh pineapple, triple-cooked chips and peas *795kcal / 16.75*

Seared Fillets of Sea Bass*

with crispy baby potatoes, broad beans, peas & Tenderstem® broccoli and a creamy white wine & king prawn sauce *752kcal / 21.25*

Aubergine Gratin* (V)

Aubergine, garlic and peppers in a sweet & smoky tomato sauce, topped with herb crumb and mozzarella, served with mixed salad and garlic ciabatta *1060kcal / 18.25*
Vegan option available

Smoked Haddock & Spinach Fishcakes

Crispy fishcakes filled with haddock, potato and baby spinach in a cheesy béchamel sauce, with Tenderstem® broccoli, baby potatoes and hollandaise *653kcal / 16.25*

Chicken Parmigiana*

Breaded chicken breast topped with bacon and a rich tomato & mozzarella sauce, served with skin-on-fries and a green salad *1341kcal / 18.50*

Slow-Cooked Pork Belly*

with a pulled pork & apple bon bon, creamy chive mash, green beans, crackling and a red wine jus *1201kcal / 19.50*
Add Scallops *47kcal / 4.00*

Beef Rib Bourguignon

in a rich red wine, mushroom & pancetta sauce, served with spring onion mash, roast carrots and Tenderstem® broccoli *1330kcal / 25.50*

Fish & Chips

Freshly battered haddock with triple-cooked chips, mushy peas and tartare sauce *1033kcal / 17.75*

Home-Baked Pie of the Day*

served with spring onion mash, green beans, thyme-roasted carrots and rich gravy.
Please ask for today's flavour (including calories) and price

SIDES

Belgian Fries (V)

with garlic mayo & cajun seasoning *685kcal / 4.25*

Mac & Cheese (V)

418kcal / 4.25

Halloumi Fries (V)

with chipotle chilli relish *545kcal / 4.25*

Green Beans, Peas & Broccoli (VE)

201kcal / 4.25

Rocket, Asparagus & Pink Onion Salad* (VE)

69kcal / 4.25

Triple-Cooked Chips (VE)

348kcal / 4.25

Beer-Battered Onion Rings* (V)

646kcal / 4.25

Garlic Ciabatta (V)

232kcal / 3.50

STONE-BAKED PIZZAS & SALADS

All our pizzas are made with hand-stretched dough, stone-baked to order and available to take away

Charcuterie Pizza

topped with Italian cured meats and fresh roquette *1167kcal / 16.75*

Classic Margherita Pizza (V)

with a tomato base, mozzarella and fresh basil *1037kcal / 13.75*

Sticky Duck & Hoisin Pizza

Shredded duck, mozzarella, red & spring onions, on a hoisin & tomato base *1224kcal / 16.50*

Add extra toppings to any pizza:

Fresh Red Chillies (VE) *1kcal / 1.50*
Pulled Beef Brisket *276kcal / 2.50*
Roasted Mushrooms (VE) *12kcal / 1.50*
Sliced Chicken Breast *116kcal / 2.00*
Smoked Streaky Bacon *276kcal / 2.50*

Chicken, Bacon & Avocado Salad

Chargrilled chicken breast, smoked streaky bacon, avocado, tomatoes, red onion and little gem in a zesty dressing, topped with a boiled egg and served with pesto toasted ciabatta *1078kcal / 16.75*

Greens & Grains Salad (VE)

Roasted red peppers, grains, lentils, butternut squash and pomegranate seeds on a bed of mixed leaves and baby spinach, tossed in a zesty pineapple & ginger dressing *204kcal / 14.95*

Finish with:

Chargrilled Chicken Breast *232kcal / 3.00*
Grilled Halloumi (V) *415kcal / 3.00*
Garlic King Prawns *320kcal / 3.50*
Lamb Koftas *259kcal / 3.00*
Crispy Duck *196kcal / 3.00*

SANDWICHES

Available Monday - Saturday, until 5pm

Served with fries as standard or swap to a side salad for a lighter lunch

Hot Beef Brisket Sandwich*

with beef dripping sauce and pickled pink onions, in toasted artisan bloomer *1271kcal / 12.50*

Fish Finger Sandwich

Battered haddock goujons and tartare sauce, in a rustic roll *951kcal / 11.50*

Roasted Vegetable Wrap (VE)

Roasted butternut squash, peppers and sweet potato, with red cabbage, carrot, quinoa and beetroot hummus, in a beetroot & chia seed wrap *550kcal / 10.50*

PUDDINGS

See our separate Pudding Menu for full details and hot drinks

Sticky Toffee Pudding (V)

352kcal / 8.75

Baked Vanilla Cheesecake (V)

838kcal / 8.95

Mango & Passion Fruit Pavlova (V)

775kcal / 8.75

Lemon Tart* (V)

621kcal / 8.25

Double Chocolate Brownie (V)

938kcal / 8.25

Banoffee Choux Bun (V)

630kcal / 8.50

Allotment Fruit Crumble (V)

654kcal / 8.75 **Vegan option available**

British Cheese Board (V)

806kcal / 10.75

Trio of Ice Cream & Sorbet (V)

See Pudding Menu for options and calories / *6.25* **Vegan options available**

Mini Pudding & Hot Drink (V)

See Pudding Menu for options and calories / *6.75*

All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know before ordering.

(V) = made with vegetarian ingredients, (VE) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server: Weights stated are approximate uncooked weights. * = this dish contains alcohol. Our fish has been carefully filleted however some small bones may remain. All calories are correct at time of menu print, live nutrition information is available online.

All items are subject to availability. Adults need around 2000kcal a day.

We are proud to be part of the Vintage Inns family; for details of our country pubs in the collection please visit vintageinns.co.uk.

Please note that for tables of 8 or more a discretionary service charge of 10% will be added to your bill.